Holocene distribution of woody taxa at the westernmost limit of the Circumboreal/Mediterranean boundary: Evidence from wood remains

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ABSTRACT

Macrofossils and megafossils of different genera, which were found in twelve localities in the mountains of northwest Iberia, provide spatially precise evidence of their distribution in the region during the Holocene. Macrofossils were recovered from mires, eroded peat bogs and lakes, identified by their wood anatomy and dated using radiocarbon methods. Conifers (Pinus), deciduous trees (Betula, Salix, Quercus) and shrubs (Erica, Fabaceae) were identified. The findings of Pinus gr. sylvestris/nigra have special biogeographical significance. The available palaeoecological data from the Cantabrian Range and nearby mountains (Ancares and Courel) indicate that pines have grown during the Holocene over the highlands of the western part of the Cantabrian Range area as a natural vegetation element. Nevertheless, Pinus sylvestris is the only pine species that is currently present in the Cantabrian Mountains, and its natural distribution area is now limited to a few enclaves. In this study, we provide a number of conclusive findings demonstrating that the past distribution of Pinus gr. sylvestris/nigra in this region suffered an important range contraction during the last two millennia. Historical data also support this idea, as they strongly suggest that this species survived well into the historical period.

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1. Introduction

The southwestern edge of the Circumboreal biogeographical region is found in the mountains of northwestern Iberia (Takhtajan, 1986) and constitutes the southern range edge of a number of animal and plant species that are widely distributed at higher latitudes. Despite the fact that this area bears a high degree of floristic endemicity (Costa et al., 1992; Izco et al., 2004; Llamas et al., 2007) and enrichment of narrowly endemic invertebrates (Vinçon and Pardo, 2004) and vertebrates (IUCN, 2010), major conservation efforts in this area have traditionally targeted long-term isolated, genetically differentiated populations that currently live in relatively confined areas (Gómez and Lunt, 2007). These characteristics apply to the Cantabrian capercaillie (Tetrao urogallus) and the Cantabrian brown bear (Ursus arctos) (Storch, 2007; Valdiosera et al., 2008), which are two important foci of Spanish conservation policies.

However, biogeographical interest in regional tree vegetation has remained limited even if some tree species probably could have played key roles in the Holocene history of certain relictual animal populations (Rubiales et al., 2009). Long-term temporal records have become valuable sources of data that provide a larger perspective on the species distribution, dynamics and conservation of ecosystems (Birks, 1996; Carrión, 2002; Gillson and Willis, 2004). Recent advances in palaeoecological research indicate the existence of both glacial and interglacial refugia in northwestern Iberia, especially in the coastal areas (Gómez-Orellana et al., 2007). Furthermore, the available data for the innermost mountains have served to highlight the changing biogeographical importance of some key species in the area, as is the case for Fagus sylvatica L. (Muñoz Sobrino et al., 2009) and Pinus sylvestris L. (Rubiales et al., 2008).

In this area of southwestern Europe, most of the available information comes from the study of pollen sequences, and few studies have been conducted on macrofossil or megafossil remains (Alcalde et al., 2006; Carrión et al., 2010a). The pollen-derived reconstructions that have been recently developed in the Cantabrian Mountains offer a large body of sequential data (e.g. Rami-
2. Regional setting

The range extends over ca. 350 km in a prevailing east-west direction, running nearly parallel to the sea and becoming more diverse environments of the Cantabrian Mountain Range and adjacent mountains (Table 1). In combination with palynological, archaeological and historical information, these data help us to understand the evolution and environmental history of vegetation in the western Cantabrian range during the Holocene. The mechanisms that exert control over vegetation changes or stability over time are also discussed in light of this new information.

This study compiles unpublished data of tree megafossils and macrofossils that were recovered during ten years of prospecting in diverse environments of the Cantabrian Mountain Range and adjacent mountains (Table 1). In combination with palynological, archaeological and historical information, these data help us to understand the evolution and environmental history of vegetation in the western Cantabrian range during the Holocene. The mechanisms that exert control over vegetation changes or stability over time are also discussed in light of this new information.

2. Study area

2.1. Regional setting

This study examined sites that are spread along the western part of the Cantabrian Range, the most important mountain chain of northwestern Iberia, which straddles the boundary between the Circumboreal and Mediterranean biogeographical regions. The range extends over ca. 350 km in a prevailing east-west direction, running nearly parallel to the sea and becoming more complex to the west. The Ancares and Courel Mountains are extensions of the main range toward the southwest. For convenience, they will be referred to as part of the Cantabrian Range (Fig. 1). Peña Ubiña (2417 m asl) is the highest mountain in the western half of the Cantabrian range, with a few other summits peaking over 2000 m.

Climatic differences between northern and southern slopes here have had a great impact on the local paleoclimatology (Ramírez-Regó et al., 1998). The summit determines a sharp divide in the amount and distribution of precipitation, mostly due to a rain shadow effect. These differences cause dramatic contrasts between north and south slopes and can reach more than 1000 mm/year locally (near to the Bierzo depression (Fig. 2)). The variability in precipitation also corresponds to strong variations in the duration of the frost season and in the water availability during the summer. Generally, there is little or no water stress in the northern slopes while summer drought is generally severe in the southern slopes. Furthermore, the differences of insolation between the two slopes intensify this dissimilarity. A second gradient of oceanicity is shown in the west-east direction because westerly oceanic winds affect the western mountains (Ancares and Courel Mountains) more strongly than the eastern and central section of the Cantabrian Range.

Climate, topography and geology make this area ecologically diverse. Palaeozoic siliceous bedrock predominates (slate, sandstone, schist and quartzite), although limestone is also present (and even dominates locally), and distinct physiography from undulating hilly lands to deep valleys and sharp relief are widely found. Glacial landforms are abundant, due to the influence of oceanic winds that have resulted in greater snowfall rates during colder stages of the Pleistocene (Gutierrez Elorza, 1994).

At the regional scale, modern vegetation clearly responds to the climatic gradient of oceanicity-continentality. Today, a mild and humid climate favours the development of deciduous forests, which are dominated by Quercus robur L., Quercus petrea (Mattuschka) Liebl and their hybrid (Q. x rossacea Bechst.), F. sylvatica L. (which are scarce in the western part of the region) and Betula pubescens Ehrh on the upper slopes. In the densest soils, diverse mixed forests grow (including Fagus sylvatica L., Corylus avellana L., Acer pseudoplatanus L. and others). By contrast, in the inner and southern slopes, other types of woodlands are found, mostly dominated by Quercus pyrenaica Wild., patches of Quercus faginea Lam., Juniperus thurifera L. and, on both slopes, shrub communities including Ericaceae and Fabaceae within a well-developed Poaceae

<table>
<thead>
<tr>
<th>Site</th>
<th>Geographic location</th>
<th>Municipality (province)</th>
<th>Latitude—Longitude</th>
<th>Altitude (m)</th>
<th>T</th>
<th>tM</th>
<th>tm</th>
<th>P (mm. year$^{-1}$)</th>
<th>Deposit type</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lagoa de Lucenza</td>
<td>Coulou</td>
<td>Folgoso do Coulou, (Lugo)</td>
<td>42.58-7.10</td>
<td>1375</td>
<td>7.8</td>
<td>21.8</td>
<td>-2.5</td>
<td>1720</td>
<td>Small lake</td>
</tr>
<tr>
<td>A Goatada</td>
<td>Ancares</td>
<td>Pedrafita do Cebrero</td>
<td>42.72-7.01</td>
<td>1210</td>
<td>8.5</td>
<td>22.4</td>
<td>-2.1</td>
<td>1550</td>
<td>Peat bog</td>
</tr>
<tr>
<td>Brava de Lamela</td>
<td>Ancares</td>
<td>Teixeira (León)</td>
<td>42.77-6.85</td>
<td>1285</td>
<td>8.1</td>
<td>21.8</td>
<td>-2.5</td>
<td>1600</td>
<td>Peat bog</td>
</tr>
<tr>
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<td>Soábril (Léon)</td>
<td>42.86-6.68</td>
<td>1370</td>
<td>7.6</td>
<td>20.3</td>
<td>-3.0</td>
<td>1680</td>
<td>Peat bog</td>
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<tr>
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<td>Ancares</td>
<td>Balouta (Léon)</td>
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<td>1300</td>
<td>7.5</td>
<td>20.5</td>
<td>-2.9</td>
<td>1700</td>
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<tr>
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<td>Soas de Laza (León)</td>
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<td>1480</td>
<td>7.0</td>
<td>23.3</td>
<td>-2.5</td>
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</tr>
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<td>8.0</td>
<td>22.0</td>
<td>-2.3</td>
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<tr>
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<td>Babia, W Cantabrian</td>
<td>Riolago de Babia (León)</td>
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<td>24.1</td>
<td>-3.6</td>
<td>1200</td>
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</tr>
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<td>Toposolio (León)</td>
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<td>7.0</td>
<td>22.5</td>
<td>-4.1</td>
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<td>Peat bog</td>
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<td>1530</td>
<td>8.0</td>
<td>24.1</td>
<td>-4.1</td>
<td>1150</td>
<td>Stream bank</td>
</tr>
<tr>
<td>Rionegros</td>
<td>Central Cantabrian</td>
<td>Valdelugueros (León)</td>
<td>43.04-6.05</td>
<td>1430</td>
<td>4.0</td>
<td>21.4</td>
<td>-7.5</td>
<td>1300</td>
<td>Peat bog and fen/stream bank</td>
</tr>
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<td>San Feliz de la</td>
<td>La Ceveda, Cantabrian</td>
<td>San Feliz de la Ceveda (León)</td>
<td>42.68-5.97</td>
<td>1300</td>
<td>9.0</td>
<td>26.0</td>
<td>-2.4</td>
<td>740</td>
<td>Peat bog</td>
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</table>
herbaceous layer near the summits. Pine forests, which are well
developed in all other mountain ranges of northern Iberia, are
nearly absent from the natural vegetation of the Cantabrian
Mountains. Small, natural-looking stands of *P. sylvestris* only exist in
the headwaters of the Porma and Carrión Rivers, of which the Lillo
populations have the largest and best specimens.

Anthropogenic impacts are particularly important for understand­
ing the current landscape configuration. The use of fire has
served as a tool to prevent succession toward forested stages and
has been used extensively in cattle management practices and,
more locally, subsistence agriculture practices. Shrublands and
herbaceous pastures have been widely favoured by human
activities at mid-altitudes and on plains, being part of initial stages
of vegetation succession (Ramil-Rego et al., 1998), but they are also
stable communities in wetlands, rocky soils and at mountain ridges.

Shrub communities are frequently found on steep slopes, and, at
lower elevations, fertile pastures are maintained instead of mixed
forests. In agroforestry systems, namely, *soutos* and *dehesas*,
humans have widely changed the forest structure, creating patchy
forests in which intense tree clearings and pruning leave open
spaces that are used as a source of cattle fodder. Finally, recent
afforestation activities with both softwoods and hardwoods (e.g.,
*Pinus* spp., *Castanea*) have heavily influenced the current habitat
structure in part of the study area.

### 2.2. Description of the sites

The Lagoa de Lucenza site (1375 m asl) is a small, temporal lake
(normally dry during the summer) that is situated in a basin of
glacial origin and is enclosed by an ancient moraine. Its
sedimentology consists of gyttja and clay with varying values of organic matter and gravels (Muñoz Sobrino et al., 2001). The woody remains analysed in this study were located 50—70 cm deep in the layer of gyttja.

A Golada (1210 m asl) is a peat bog that originated from the rupture of a phreatic level. Here, several sedimentary facies were identified. The upper facies is fibrous peat (up to 95 cm deep) and is followed by a level of humified peat (95—150 cm deep), clays (150—200 cm), and saprolites (200—265 cm). Wood remains were recovered at ca. 40; 80, 110 and 210 cm deep.

Suárbol (1370 m asl) is a peat bog situated at the bottom of an ancient glacial valley. The upper layer of the core that was made at Suárbol is composed of fibrous peat (up to 65 cm deep) followed by a shallow layer of sand and gravel and another level of humified peat (85—125 cm). Wood remains were located at depths of ca. 55 and 110 cm.

Brañas de Lamela (1285 m asl) is another peat bog that is situated at the right margin of a stream named Valongo in a zone of impeded drainage by an ancient moraine. The upper sediments are fibrous peat (up to 110 cm deep) and humified peat (110—180 cm). Woody remains were recovered at depths of 100—120 cm. Further details on the local settings of the aforementioned sites can be found in Muñoz Sobrino et al. (1997).

The remains from Balouta (1300 m asl) were recovered in a polycyclic soil where a trench revealed signs of former periglacial activity (Moares et al., 1996). The upper horizon (0—40 cm) is composed of clay with abundant organic matter and a basal horizon of clay. It is followed by another clayey-silt horizon (40—50 cm) in which charcoal was recovered with another layer of charcoal at the bottom of the horizon. At the deepest part of this soil, there is another clayey-silt horizon that is more abundant in gravel (55—80 cm). The landscape of the valley of Balouta is almost treeless today, containing dense shrubs of Erica spp., Cyttisus and Genista.

The woody remains from Sosas (Sosas de Laciana, 1480 m asl) were located in a pit that was created in a peat bog when reforestation work was being done close to the site. It was recovered at a depth of ca. 40 cm in a treeless environment that included Erica tetralix, Genista anglica and Sphegnanum. The surrounding lithology is slate, and the vegetation is mainly composed of heathlands (Erica australis) and some young and isolated Betula individuals.

The site of Mena (Mena de Babia, 1650 m asl) is located in an area of acidic soils that was developed on quartzites. Megafossils were recovered embedded in the soil in an eroded stream bank at ca. 15 cm in depth. Local vegetation is mainly composed of heathlands with Erica australis and broom (mainly Genista floridia and Cyttisus oromediterraneus) and scattered individuals of Betula alba and Q. petraea.

In Riólago (Riólago de Babia, 1750 m asl) megafossils were preserved in the sediments of a moraine that was closing an ancient glacial cirque, which is now a small lake. The lithology is composed of slates and quartzites, and the regional vegetation is composed of heathlands of E. australis and broom (mainly Genista obtusa) and scattered individuals of Betula and P. sylvestris.

The woody remains of Torresio (1520 m asl) were located on a stream when construction was being done to develop groundwater uptake in the area. Megafossils were recovered at 30—40 cm deep, embedded in peat. The vegetation present at the top of the fen is primarily heathlands (E. tetralix) and Sphegnanum. The vegetation nearby is mainly composed of heathlands (E. australis) and broom (G. floridia and C. oromediterraneus) with isolated individuals of B. alba.

The findings of Riopinos (Valdelugueros, León) were recovered on a peat bog and at the bank of a stream at ca. 30 cm in depth. They were located during work on the construction of a road. The vegetation in the site is dominated by E. tetralix and Sphegnanum spp. (on the peat bog) and heathlands of E. australis and Calluna vulgaris, including Vaccinium myrtillus and scattered individuals of B. alba and Q. robur.

In Aralla (Aralla de Luna, 1530 m asl), during the process of digging for the construction of a road, woody remains were located near the surface at ca. 10—20 cm in depth. They were embedded in peaty sediments at the margin of a stream. The lithology in the area is a mixture of slates, limestones and quartzites. The vegetation in the area is composed of shrublands, including Genista hispanica, G. floridia and Cyttisus oromediterraneus.

Finally, the site of San Feliz de las Lavanderas (1275 m asl) is located at a lower altitude on a fen through which a shallow stream currently flows. The predominant lithology is quartzite. Remains were located embedded in the sediment at ca. 10—20 cm deep. The findings were made during the process of digging for the construction of a track. Present-day vegetation includes E. tetralix and C. vulgaris (locally abundant at the site) and heathlands with Erica australis, Erica umbellata and Pterospermum tridentatum.

3. Materials and methods

Altogether, 89 wood remains from 12 sites were analysed through diverse histological methods to obtain a more precise taxonomical diagnosis based on wood anatomy (Figs. 3 and 4). First, all non-charred samples were prepared in thin section with a sliding microtome (radial, tangential and cross sections), stained with safranin and embedded on a hardening epoxy, as described by Schweingruber (2007). However, when biological decay affected the woody remains, methodological limitations hindered the obtaining of high-quality slides. In these cases, additional analyses were carried out. As charcoal, decaying wood was studied by dark-field reflection microscopy after manually preparing the different sections of the specimens. This methodology allows the observation of some useful features for identification, but a number of important diagnostic elements cannot be shown. In this case, slivers of wood were macerated in Schultz’s solution (800 cm$^3$ of HNO$_3$, 4 g K$_2$CIO$_4$, 200 cm$^3$ H$_2$O), mounted with water or glycerine jelly and observed using traditional transmission microscopy.

Identifications were made by comparing specimens with reference collections of modern wood and using classic atlases of wood anatomy identification (Greguss, 1955; Jacquot, 1955; Peraza, 1964; García and Guindeo, 1988; Schweingruber, 1990; Vernet et al., 2001). As not all species were examined in previous studies, complementary efforts in wood identification were made by collecting new samples of modern wood, preparing them with the same methodology and comparing the fossil remains with this new material.

Conventional radiocarbon dating was carried out in the Centrum voor Isotopen Onderzoek, Groningen University (Groningen, The Netherlands), the Rocasolano Institute of Physical Chemistry, National Scientific Research Council (Madrid, Spain), Beta Analytic Inc. (Florida, USA) and Chrono Centre (Belfast, UK). Some of the dates reported in this study were previously published in Muñoz Sobrino et al. (1997, 2001). The calibration of all dated samples was performed using CALIB REV 6.0.0 software (Stuiver and Reimer, 1993) and the newest calibration dataset (Reimer et al., 2009).

4. Results

Eighty-nine wood specimens were identified, which belong to six different taxa. The wood samples collected from the westernmost sites were mostly derived from medium- to small-sized branches, and the anatomical and morphological features rarely enhanced the identification attained by microfossil analysis. All of
these samples were identified as hardwoods, as presented in Table 2. By contrast, megafossil identifications from the central sections of the Cantabrian Range corresponded mainly to conifers, and no hardwoods samples were identified.

Radiocarbon dating showed that the ages of the collected material spanned the time period from ca. 9400 to 1100 cal yr BP (Table 3). However, most of the samples correspond to the mid- and late Holocene. Early Holocene remains dated 9150 cal yr BP were
only located at the Riolago site, where mid-Holocene remains were also found (dated 4338 cal yr BP).

5. Discussion

5.1. New macrofossil wood data in the mountains of northwestern Iberia: biogeographic considerations

The new findings extend the available palaeoecological dataset for macrofossils in the region by both filling in geographical gaps throughout the Cantabrian Range and by yielding new Holocene dates for different tree species of major interest. The Pinus gr. sylvestris findings are of special biogeographical significance because pine is now extinct in the western section of the Cantabrian Range. The new data that we present here allow us to refine the current hypotheses on its Holocene range history, which until now, has been determined by a limited fossil dataset (Sánchez Hernando et al., 1999; Rubiales et al., 2008). In the present work, most of the evidence is directly dated and provided from non-archaeological sites, and these data reinforce and increase the precision of the information obtained from other palynological and archaeological sources.

In general terms, the information provided by macrofossils in the present study shows great concordance with existing pollen records (Muñoz Sobrino et al., 1997, 2001). In the sites located on the westernmost section of the range (Lagoa de Lucenza, A Golada, Brañas de Lamela, Balouta and Suárbol, where macrofossils were recovered from the same cores when pollen sequences were obtained), the woody remains generally correspond to the dominant taxa occurring in that part of the record, thereby confirming their local existence in the area (Fig. 5).

In the other cases, the comparison of the woody macrofossil information with the ecologically nearest pollen deposits also shows strong consistency, although the woody macrofossil information is able to detect local presence when low pollen percentages occur. This phenomenon is notable for the case of Pinus, as pollen percentages below 15% during the Holocene are frequently interpreted as long-distance pollen transport, due to the large-scale production and dispersion of this pollen type (e.g. Andrade et al., 1994; García Antón et al., 2006). Woody macrofossil and pollen evidence, however, could also reflect the high environmental variability observed in the area, as represented by patchy forests or alternation in the dominant species through the Cantabrian Range. Some palynological studies in other sites from the study area have interpreted moderate Pinus percentages as signals from the pinewood of Lillo (Watts, 1986; Puente García et al., 1998) rather than data supporting a larger distribution of Pinus in these mountains. The interpretation of the role of pines in these mountains might also have been biased by prejudices against pines, which are derived from their extensive use in reforestation.

Table 2

<table>
<thead>
<tr>
<th>Site</th>
<th>Logs</th>
<th>Twigs</th>
<th>Pieces of wood or branches</th>
<th>Charcoal fragments</th>
<th>Identified taxa</th>
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<tr>
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<td>8</td>
<td>10</td>
<td>Saule atrocinerea tp.</td>
<td></td>
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<td>A Golada</td>
<td>4</td>
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<td>Betula pubescens tp.</td>
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<td></td>
<td>5</td>
<td>4</td>
<td>Erica arborea tp.</td>
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<td>4</td>
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<td>2</td>
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<td>13</td>
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<td>5</td>
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<td>Cyrtis tp.</td>
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</table>
The palaeobotanical evidence provided in this study also suggests Radiocarbon dates from the sites where macrofossils were analysed. Dates with (*) were previously published (Muñoz Sobrino et al., 1997, 2001). 

...the weakness of the potential natural vegetation concept (e.g. opportunity to reinterpret old sequences with a new perspective. A wider distribution of pinewoods in the past and provide us the existed in these mountains during most of the Holocene (Muñoz Sobrino et al., 2007). The data presented in this study support the... 

Programmes during the 20th century throughout Spain (Valbuena-Carrabén et al., 2010). Other studies have suggested that pinewoods existed in these mountains during most of the Holocene (Muñoz Sobrino et al., 2007). The data presented in this study support the indigenous character of Pinus gr. sylvestris in the entire area and a wider distribution of pinewoods in the past and provide us the opportunity to reinterpret old sequences with a new perspective. The palaeobotanical evidence provided in this study also suggests the weakness of the potential natural vegetation concept (e.g. Carrión, 2010; Chiarucci et al., 2010), particularly in complex transitional areas, such as these.

In southern Europe, Pinus identification at the species level is difficult to achieve from pollen remains, as eleven different species currently coexist. In the Iberian Peninsula, palynologists are eventually able to distinguish two groups based on their sizes and morphologies: sylvestris and pinaster (see Ramil-Rego et al., 1998; Carrión et al., 2000). In the Cantabrian Mountains, it is commonly assumed that these pollen types correspond to these two particular Pinus species, as they are the only species naturally growing today in northwestern Iberia. However, macrofossil data report the existence of additional species of highland pines (Pinus uncinata Ramond ex DC and Pinus nigra Arnold) during the Quaternary in... 

Table 3
Radiocarbon dates from the sites where macrofossils were analysed. Dates with (*) were previously published (Muñoz Sobrino et al., 1997, 2001).

<table>
<thead>
<tr>
<th>Lab code</th>
<th>Site</th>
<th>Material</th>
<th>Radiocarbon method</th>
<th>Wood species detected in the site</th>
<th>Radiocarbon ages (yr BP)</th>
<th>Two-sigma calibrated ages (cal yr BP)</th>
<th>Med probability (cal yr BP)</th>
</tr>
</thead>
<tbody>
<tr>
<td>CSIC-1116*</td>
<td>Suarbol</td>
<td>Bulk sediment</td>
<td>Standard radiometric</td>
<td>Betula pubescens tp.</td>
<td>1250 ± 25</td>
<td>1098–1272</td>
<td>1211</td>
</tr>
<tr>
<td>Beta-263692</td>
<td>Mena</td>
<td>Wood</td>
<td>Standard radiometric</td>
<td>Pinus gr. sylvestris</td>
<td>1490 ± 60</td>
<td>1299–1518</td>
<td>1384</td>
</tr>
<tr>
<td>UBA-17596</td>
<td>Aralla</td>
<td>Wood</td>
<td>AMS</td>
<td>Pinus gr. sylvestris</td>
<td>1659 ± 26</td>
<td>1445–1689</td>
<td>1559</td>
</tr>
<tr>
<td>Beta-169212</td>
<td>Ropinos</td>
<td>Wood</td>
<td>Standard radiometric</td>
<td>Pinus gr. sylvestris</td>
<td>2040 ± 60</td>
<td>1871–2150</td>
<td>2005</td>
</tr>
<tr>
<td>CSIC-1115*</td>
<td>Brañas de Lamela</td>
<td>Bulk sediment</td>
<td>Standard radiometric</td>
<td>Betula pubescens tp.</td>
<td>3090 ± 35</td>
<td>3218–3381</td>
<td>3313</td>
</tr>
<tr>
<td>GrN-21453*</td>
<td>A Golada</td>
<td>Wood</td>
<td>Standard radiometric</td>
<td>Betula pubescens tp.</td>
<td>3390 ± 40</td>
<td>3485–3816</td>
<td>3636</td>
</tr>
<tr>
<td>GrN-22829*</td>
<td>Lagoa de Lucenza</td>
<td>Bulk sediment</td>
<td>Standard radiometric</td>
<td>Betula pubescens tp.</td>
<td>3710 ± 50</td>
<td>3903–4227</td>
<td>4050</td>
</tr>
<tr>
<td>Beta-169211</td>
<td>Riolago</td>
<td>Wood</td>
<td>Standard radiometric</td>
<td>Pinus gr. sylvestris</td>
<td>3910 ± 60</td>
<td>4155–4517</td>
<td>4338</td>
</tr>
<tr>
<td>Beta-169214</td>
<td>Riolago</td>
<td>Wood</td>
<td>Standard radiometric</td>
<td>Pinus gr. sylvestris</td>
<td>4080 ± 70</td>
<td>4244–4821</td>
<td>4602</td>
</tr>
<tr>
<td>GrN-20823</td>
<td>Balouta</td>
<td>Charred remains</td>
<td>Standard radiometric</td>
<td>Quercus sp. deciduous</td>
<td>4280 ± 40</td>
<td>4711–4965</td>
<td>4850</td>
</tr>
<tr>
<td>Beta-179064</td>
<td>Sosas</td>
<td>Wood</td>
<td>Standard radiometric</td>
<td>Pinus gr. sylvestris</td>
<td>4490 ± 60</td>
<td>4891–5313</td>
<td>5145</td>
</tr>
<tr>
<td>Beta-169213</td>
<td>Ropinos</td>
<td>Wood</td>
<td>Standard radiometric</td>
<td>Pinus gr. sylvestris</td>
<td>5180 ± 70</td>
<td>5747–6178</td>
<td>5943</td>
</tr>
<tr>
<td>Beta-179063</td>
<td>Sosas</td>
<td>Wood</td>
<td>Standard radiometric</td>
<td>Pinus gr. sylvestris</td>
<td>5530 ± 70</td>
<td>6192–6463</td>
<td>6334</td>
</tr>
<tr>
<td>UBA-17595</td>
<td>San Feliz de las Lavanderas</td>
<td>Wood</td>
<td>AMS</td>
<td>Pinus gr. sylvestris</td>
<td>5742 ± 31</td>
<td>6453–6636</td>
<td>6539</td>
</tr>
<tr>
<td>Beta-169210</td>
<td>Riolago</td>
<td>Wood</td>
<td>Standard radiometric</td>
<td>Pinus gr. sylvestris</td>
<td>8190 ± 60</td>
<td>9007–9396</td>
<td>9151</td>
</tr>
</tbody>
</table>

In southern Europe, Pinus identification at the species level is difficult to achieve from pollen remains, as eleven different species currently coexist. In the Iberian Peninsula, palynologists are eventually able to distinguish two groups based on their sizes and morphologies: sylvestris and pinaster (see Ramil-Rego et al., 1998; Carrión et al., 2000). In the Cantabrian Mountains, it is commonly assumed that these pollen types correspond to these two particular Pinus species, as they are the only species naturally growing today in northwestern Iberia. However, macrofossil data report the existence of additional species of highland pines (Pinus uncinata Ramond ex DC and Pinus nigra Arnold) during the Quaternary in... 

Fig. 5. Comparison between pollen results and macrofossil data for cases in which both methods were applied. Pollen data obtained from Muñoz Sobrino et al. (1997, 2001).
northeastern Iberia (Turner and Hannon, 1988; Roig et al., 1997; Alcalde et al., 2000). Well-preserved remains of cones (and charcoal or wood) can be distinguished to a greater degree than pollen, although the correct identification of wood from these three species of the *sylvestris* group (which is equivalent to what is referred to in this study as 'highland pines' and includes *P. sylvestris*, *P. nigra* and, less probably, *P. uncinata*) requires particular conditions, and the species are often impossible to separate (Schweingruber, 1990; Carcaillet and Vernet, 2001; Rubiales et al., 2008).

In the mountains of northeastern Iberia, abundant *Pinus* pollen has been recovered widely in western Cantabrian sediments dating to the lateglacial (ca. 17,000 years cal yr BP; Muñoz Sobrino et al., 2007). The records that cover the end of the Pleistocene indicate, as for most of Iberia, a predominant role of *Pinus* and *Betula* in the arboreal vegetation (Maldonado, 1994; Turner and Hannon, 1998; Ramil-Regó et al., 1998; Muñoz Sobrino et al., 2004, 2007; Rubiales et al., 2010). Abundant macrofossil needles of *Pinus* and fruits of *Betula* were also recorded in lateglacial sediment at the Sanabria Marsh (at an altitude of 1050 m asl) up until ca. 8200 radiocarbon yr BP (Turner and Hannon, 1988). *P. sylvestris* macrofossil needles were also recovered in lake sediments at Lago de Ajo in the Cantabrian Mountains (at an altitude of 1570 m asl), but only after ca. 8500 radiocarbon yr BP (McKeever, 1984; Allen et al., 1996).

Palynological evidence points to major lateglacial climate change as influencing the expansion of hardwoods at the expense of pine forests, particularly in environments influenced by maritime climates. This process of change may have relied on events of autogenic succession in which competitive broadleaf trees would have displaced conifers and in response to development of milder winters as a result of increasing maritime influence, which may have hindered pine survival and recruitment in the long term, as occurred in higher latitudes (Crawford et al., 2003; Crawford, 2005). These results are in agreement with a pattern of relative disymmetry in the presence of *Pinus* during the Holocene following a macroclimatic framework in which oceanic areas (those exposed to northerly and westerly winds) register this early demise (Muñoz Sobrino et al., 2007). Moreover, different patterns of land use by human groups (such as the use of fire) should not be dismissed (Allen et al., 1998; Ramil-Regó et al., 1998; Muñoz Sobrino et al., 2004). Submediterranean, south facing slopes, high altitudes, histosols and shallow soils on shady slopes and quartzites allow the existence of persistent populations of pines dating to the historic period and even the present time (Rivas-Martínez, 1964; García Antón et al., 1997; Génova, 1998; Muñoz Sobrino et al., 2003).

5.2. Climate fluctuations and vegetation response in the Cantabrian region during the Holocene

Palaeoclimatic data are relatively scarce for the Duero basin and the inner slopes of northern Iberia, mainly due to the absence of sedimentary deposits producing palaeo-environmental information with a strong temporal resolution. This lack of palaeoclimatic records makes necessary the use of information from lower altitudes at nearby areas. Although the climate differences are clearly discernable between mountains, middle altitudes and coastal environments, they would presumably reflect relatively similar climatic trends in term of precipitation and temperature oscillations if we assume that the North Atlantic played a major role in the climate of this region (Turner and Hannon, 1988; Muñoz Sobrino et al., 2005, 2009).

The evidence provided from a multiproxy site located in the nearby mountains (Lago Enol in the northern Cantabrian slopes) reports distinct climatic phases during the Holocene. First, a humid and warm period, peaking around 9000 cal yr BP, is detected. This period is followed by a tendency toward a drier climate during the mid-Holocene (ca. 8700—4650 cal yr BP) and a subsequent return to humid conditions, which coincided with the increase in anthropogenic pressure at approximately 4650—2200 cal yr BP (Moreno et al., 2011). This pattern may be compatible with those phases described before and after the 8.2 event, respectively, for middle altitude mountains from both the westernmost and easternmost Cantabrian corners (Muñoz Sobrino et al., 2005, 2009).

The information provided by biomarkers (lipid distribution and total organic carbon) in the Roñanzas peat bog (Ortiz et al., 2010) seem to show a relatively good correspondence with the preceding observations and other Iberian records on the Cantabrian coastal region; they also show the alternation of dry/humid periods during the last 8000 cal yr BP (Fig. 6). However, the episodes of dryness and humidity do not seem to be linked to other records of temperature variation (Martínez Cortizas et al., 2009).

Other available palaeo-environmental records date the importance of human activities as being responsible for large-scale changes in the environment from 6000 cal yr BP onward (Muñoz Sobrino et al., 2005; Martínez Cortizas et al., 2009; López-Merino et al., 2010; Martín-Chivelet et al., 2011). From approximately this period, palaeoenvironmental records show difficulty in distinguishing the role of climate and human activity, although evidence of climatic variations into the Neolithic and Chalcolithic have been interpreted from pollen sequences (Allen et al., 1998; Muñoz Sobrino et al., 2005) and geochemical signals (Fábregas, Valcarce et al., 2003). Further, complex synergistic (or antagonistic) interactions between climate-induced changes and the effects of widespread alterations in land use makes investigating the causes of vegetation change complicated. However, in general terms, pollen and other palaeoecological archives document that, in the Cantabrian Range, well-established vegetation, generally dating from the early Holocene, shows only minor change (with the notable exception of Fagus, which quickly expanded during the last millennia), which may be mainly assigned to the climatic oscillations of the mid-to-late Holocene (Allen et al., 1996; Muñoz Sobrino et al., 1997, 2005, 2009; Moreno et al., 2011; Carrión et al., 2010b).

5.3. Impact of late Holocene anthropogenic activity on vegetation history

Available data suggest that a large part of the northern Iberian territories had been subject to significant deforestation by the mid-Holocene. The appearance of agriculture and domestic cattle has been well documented in the Cantabrian area since the beginning of the 7th millennium cal yr BP (Ramil-Regó and Aíra Rodríguez, 1993; Arias and Altuna, 1999) and has been solidly established as a subsistence strategy throughout the area during the following two millennia (Arias, 1999; Arias et al., 1999). The combination of studies of pollen and non-pollen palynomorphs reinforce the information obtained from palaeozoological records, which have recorded pastoralism and agriculture (at least in the lowlands) by ca. 7000 cal yr BP (López-Merino et al., 2010). Those studies, combined with macrocharcoal identification, suggest the spread of fire, linked to pastoral activities and local changes in vegetation composition, since ca. 6000 cal yr BP in some lowlands of the Atlantic coastal area (Carrión et al., 2010a). In the innermost mountains of northwestern Iberia, a number of pollen diagrams show noticeable changes in the vegetation composition when unequivocal indicators of anthropogenic disturbance appear (i.e., *Ceratonia*, *Plantago*, *Rumex*, *Asphodelus*; Allen et al., 1996; Muñoz Sobrino et al., 2005; Carrión et al., 2010a). Nevertheless, the ambivalent responses of some species may obscure the changes in the forest due to such disturbances, instead
indicating a relative resilience to them. This is the case for Betula, one of the most heavily represented trees in the macrofossil record during the late Holocene in the westernmost mountains, which may have played distinct roles in Iberian landscapes at the end of the Holocene.

Moderate-to-high percentages of Betula have been found in this area since the late glacial, continuing to the onset of the Holocene at altitudes of 1200 to 1400 m asl. Wood samples of arboreal Betula have also been identified from mid- to late Holocene sites in the westernmost mountains of the Cantabrian Range, most particularly at Suárbol (Muñoz Sobrino et al., 1997). A Golada (ca. 3600 cal yr BP) and, at later dates, Brañas de Lamela and Suárbol (ca. 1100 cal yr BP). Interpretation of Betula is challenging, however, as it grows either as part of a stable, late successional forest, as well as in early successional phases (Muñoz Sobrino et al., 1997). Betula is resistant to greater acidic and damp soil conditions that are characteristic of active mires (where the findings were made), but it is also known to be one of the most tolerant arboreal elements to dry and cold environments and it is commonly found as the only broadleaved tree at high elevation, frequently at treeline (Costa et al., 1997).

Late Holocene birch has been recorded (Fig. 5), but the regional expansion of Betula in NW Iberia might also be reflective of a better stage of upland oceanic forests (where birch finds its optimum environment) and a regional treeline that was located above its current limit (Muñoz Sobrino et al., 2003). Later, a climatic deterioration during the last third of the Holocene has been recorded (Fig. 5), but the regional expansion of Betula includes a second maximum registered at ca. 1100 cal yr BP (Muñoz Sobrino et al., 1997). Heaths notably expanded between both birch maxima and during the last millennia. The pollen sequences reveal an upward progression of crops; frequently, the beginning of a continuous cereal-type curve (reflecting local occurrence) is synchronous with either the increase in the total arboreal pollen or with the maximum pollen percentages of Betula. This finding suggests that anthropogenic activity could be, in some cases, responsible for the dominance of birch at middle and high altitudes (Muñoz Sobrino et al., 1997; Santos, 2004). The occurrence of wood remains of Erica in A Golada during the last 1000 years could reinforce the possible role of fires in the shaping of the vegetation of the region while climate conditions deteriorated.

5.4. The fate of pines at the late Holocene in NW Iberia: humans, fire impact and shrubland expansion

The continuous distribution of pine megafossils along the Cantabrian Range, together with palynological data (e.g. Jalut et al.,
2010) depicts a probable continuous area for Pinus gr. sylvestris during a large part of the Holocene. Furthermore, the existence of a robust dataset of archaeobotanical data from other sites of northern Portugal (Figueiral and Carcaillet, 2005) and other isolated points at the inner section of the Duero basin (archaeological data dating to the Iron age and natural, living specimens, Hernández et al., 2011) supports the idea that the distribution area of this group of pines has suffered a dramatic demise during the last millennia.

The recorded fate of highland pines (P. sylvestris and probably P. nigra) during the late Holocene in the areas where it was able to persist across the first half of the Holocene may also correspond to the intensification of human activity in the territory (Rubiales et al., in press). In the records from the central part of the mountain range, the episodes of Pinus decline include the expansion of Erica and, rarely, hardwoods take part in a woodland expansion (Menéndez Amor and Florschutz, 1961; Martiscal, 1983, 1986; Salas, 1991). A parallel pattern has been found in some other deposits from the western part of the Cantabrian Range (Jalut et al., 2010) and near mountains, such as Cabrera (Janssen, 1996), Segundera (Allen et al., 1996; Muñoz Sobrino et al., 2004) and Teleno (Morales-Molino et al., 2011). Highlands (areas over 1600 m a.s.l., which would roughly correspond to a potential belt with pines) might have been strategically preferred by human groups for growing livestock since the Neolithic period (ca. 6000 radiocarbon yr BP onward) because pastures located at these altitudes would have been more productive during the summer than pastures in the lowlands (Jarman et al., 1982; Díez Castillo, 1998; Fontana and Guerreschi, 2003). Furthermore, the active selection of conifers by humans during the historical period, due to their technical properties, might have aggravated this process of disappearance (Rubiales et al., 2011).

The succession of different historical periods in which this pattern of land use was intensified (including the Celt migration, Roman domination, Middle Age overpopulation caused by the Moorish advance and the flourishing age of the wool trade and transhumance) could have restricted pinewoods to specific locations that were protected from fire and had unfavourable conditions for the development of other species, (e.g., steep slopes surrounded by rocky environments). The Lillo pinewood remained a valuable resource of wood during the last centuries and especially during the wood shortages that may have existed after the ~500 yr of pine scarcity recorded in the pollen site of Lillo (García Antón et al., 1997). The map dated 1683 of a lawsuit over the ownership of the Lillo pinewood (Fig. 7) shows that the surroundings of this forest were at that time deforested and transformed into pastures to support transhumant livestock.

Features derived from life-history traits do not favour Iberian highland pines over other Cantabrian species under a regime of frequent fire. Pines are obligate seeders, a disadvantage over resprouters (i.e., Q. pyrenaica) and their ability to occupy geomorphic fire-shelters such as wetlands and screes, is limited compared to other tree genera (i.e. Quercus, Sorbus, Fagus, Sevilla, 2008). A paradox for pine persists. In northern latitudes highland pines depend on disturbances (mainly fire) to regenerate (Agee, 1998), allowing the long-term persistence of populations; at their southern edge, these disturbances now constitute a serious threat to their survival, as reflected by their fire ecology (Trabaud and Campant, 1991; Retana et al., 2002; Rodrigo et al., 2004). The reasons for its poorer survival in the south, at the trailing edge of its...
distribution area are complicated, but may include higher fire frequencies, different sizes and intensities (e.g., higher frequency of crown fires). Most importantly, the likely combination with pastoralism might have resulted in radically different abilities to regenerate.

The presence of pines and pinewoods in the central and western Cantabrian Range during several historical periods has been reported from the analysis of document-derived datasets and toponyms (Manuel and Gil, 2001; Manuel et al., 2003; Díaz-Fernández and Gil, 1996; Ezquerrea and Gil, 2004). Some of these historical data and toponyms refer to the environments surrounding the sites where macro-remains have been found. The name of the valley where the Valdelugueros site is located is perhaps one of the clearest examples: *Riópinos* means, literally, “river (of) pines”; the name was documented at least four centuries ago, and this name is also frequently found in the surrounding valleys. Several other references to pines have been reported in the historical literature. In a document dated to 928 AD, *Pineto* is referred to in the east-neighbour valley (Minguez, 1976). In the same valley as the Torresto site, the name of a present-day village is *Pino* (i.e., pine), which was also found in a document dated to 1182 AD (Valcarce, 1886). Some documents connect the pine toponym with the continuing presence of pinewoods in a direct way, as was the case for a will dated to 932 AD from the central part of the Cantabrian Range: “en la pineda la viuda de Fontanellias con sus pascuas [...] et ex alia parte del pinar...” (and in the fold of Fontanellias with its pastures [...] and the other side of the pinewood...). Montenegro, 1991. Analogous references for both the southern and northern slopes can be found almost everywhere after appropriate searches (Heredia, 1900; Floriano, 1949; Álvarez, 1994; Ruhtstaller, 1995). Some references are not related to the pine name but instead to some of its uses, such as the *Pegueras* River, the name of which is related to pitch extraction in the Isla valley (López, 1786).

Using a synthetic approach, a geographical compendium from the 19th century summarises the history of pinewoods in the province of Leon, which is currently supported by our findings: “...the pine tree is already almost unknown in this province, though it previously predominated here over all the other wood types as demonstrated by the skeleton of the most important and ancient buildings of the capital...” (Madoz, 1845–1850). Even at that time, many scattered stands, isolated trees or pine stumps might have been found in the Cantabrian Range in addition to the remaining forests that have survived until the present time, as registered by other authors (Urquijo, 1989; Ezquerrea, 2007).

6. Concluding remarks

One of the more remarkable findings of this study is the fact that all of the megafossils recovered in the central and western parts of the Cantabrian Range have been identified as *Pinus* sub sp. *sylvestris*, while pine remains are absent from macrofossil data from the western edge of the Cantabrian Range (Ancares and Courel Mountains), and only low percentages were detected in the pollen data. This disappearance has been the primary reason that pine has not been considered as part of the natural vegetation there. However, the megafossils that we present here increase the evidence supporting the idea that potential natural vegetation is biased by a subjective perception, at least in most areas, as previously suggested in other locations (Pardo and Gil, 2005; Valbuena-Carabá et al., 2010; Rubiales et al., 2010).

Aside from possible differences in the type of deposit, some ecological implications of these findings must be considered. Our evidence suggests that, since the onset of the Holocene, pinewoods have done better in more extreme climates, where their ability to withstand broadleaved tree invasions has been the greatest. Furthermore, topographic considerations may have been important. Not only do gradients of continentality increase from west to east, but also does the mean altitude, resulting in colder climate conditions. This may explain why all recovered pine remains occur from sites over 1400 m asl. This is important, because no deposits analyzed in the west reach that altitude. Macrofossil *P. sylvestris* from Lago de Ajo (1570 m asl) are recorded in the early Holocene and in Sanabria, which is located to the southwest and at a lower altitude (ca.1050 m asl). *P. sylvestris* macrofossils are only found in the late-glacial. Moreover, the physiography of the western districts (which are predominantly hilly) turns to a rugged rocky relief to the east, which implies the existence of thinner and poorer soils (which are less suitable to species that are characteristic of later stages of vegetal succession) and a better defence against fire. All of these attributes shape a better scenario for the long-term maintenance of pinewoods, which is superimposed on the possible differences in the use of fire by humans.

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References


