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Alpha-tocopherol affects gene expression patterns of rabbit cumulus-oocyte complexes and reduces apoptosis rate during *in vitro* maturation

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Oxidative stress compromises oocyte developmental competence during *in vitro* maturation (IVM). Antioxidants such as vitamin E may avoid this imbalance. The aim of this study was to investigate the effect of α -Tocopherol (α -TocOH) on the relative mRNA abundance of genes involved in cumulus expansion (*GJAI*, *PTGS2*), cell cycle and viability (*AKT1*), cell cycle regulation and apoptosis (*TP53*, *CASP3*) and antioxidant response (*SOD2*, *GPX1*, *CAT*) in rabbit cumulus oocyte complexes (COCs) *in vitro* matured. The apoptosis index in cumulus cells (CCs) and the hydrogen peroxide (H_2O_2) released by the COCs in maturation media were also assessed. For these purposes, COCs from follicles ≥ 1 mm were recovered, selected and *in vitro*-matured for 16h (38°C, 5% CO_2) in a medium containing TCM-199 (Sigma, Madrid, Spain) with 0.3% bovine serum albumin (Sigma, Madrid, Spain) and 10 ng/mL Epidermal Growth Factor (EGF) (Sigma, Madrid, Spain) supplemented with 0, 100, 200 or 400 μ M α -TocOH (Sigma, Madrid, Spain), named as 0E, 100E, 200E and 400E groups, respectively. After IVM, maturation media without cells was collected and stored at -32°C and H_2O_2 concentrations were measured by the Amplex Red Hydrogen Peroxide/Peroxidase Assay Kit (Life Technologies, NY, USA). The mRNA transcripts were quantified in 203 oocytes and their respective CCs (n = 51, n = 50, n = 50, n = 52 for 0E, 100E, 200E and 400E groups, respectively) by qRT-PCR to contrast relative levels of histone *H2AZ* and genes described above. Apoptotic index was studied in 43 COCs by TUNEL technique (Roche Diagnostics, SL, Barcelona, Spain) (n = 10, n = 10, n = 10, n = 12 for 0E, 100E, 200E and 400E groups, respectively). Data were analysed using one way ANOVA and Bonferroni test to compare means. In oocytes, *SOD2*, *CAT* and *TP53* poly (A) mRNA contents were down regulated with 100 μ M α -TocOH supplementation compared to the control group without this antioxidant (P < 0.05). In CCs, *CASP3* mRNA transcripts were lower in groups with intermediate concentrations of antioxidants (100E and 200E) compared to 0E and 400E groups (P < 0.005), in spite of the apoptosis rate was significantly reduced in all groups supplemented with α -TocOH (100E: $9.12 \pm 1.81\%$, 200E: $10.26 \pm 2.75\%$, 400E: $8.50 \pm 2.63\%$ vs 0E: $22.50 \pm 3.40\%$, P < 0.05). However, the amount of H_2O_2 released by the COCs to the maturation media was similar in all the experimental groups (7.62 ± 0.60 , 10.93 ± 1.23 , 7.76 ± 0.00 and 7.75 ± 0.45 μ M in 0E, 100E, 200E and 400E groups, respectively). This study has demonstrated that supplementation of α -TocOH in IVM medium induced significant changes in the molecular machinery of oocytes. Thus, α -TocOH reduced the apoptosis rate in CCs despite non-differences in H_2O_2 concentrations were found among groups. We acknowledge UCM, CM and MICINN for funding.

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