The demands of competitive sport, but also of training, are unique circumstances that divert the normal course of family life. Numerous family resources are absorbed as a result of the sport, assuming a strong impact on the family (Bloom, 1985; Coakley, 2006; Cote, 1999)

Therefore, the objective of this research was to determine what it means, in particular for the mother, helping her child in the sport and in the reach of that high level.

**RESULTS**

The results show two categories:

1. **Pain, fear and concern of the Mother**
2. **Sacrifices, withdrawals and efforts of the mother.**

The first category refers to feelings of grief or uneasiness because of the child’s sport. This category consists of four dimensions: 1. concern for their child in himself, for his happiness, 2. concern for injuries or health as a result of the high demands of top-level sport, 3. concern for the future and how the child, after a lifetime devoted to the sport, may be affected; 4. concern about studies and how the huge time spent on sport can reduce the time devoted to the studies.

The second category, related to the sacrifices, withdrawals and efforts, refers to various negative situations related to the child’s sport. This category consists, in turn, of eight dimensions: 1. Leisure, the mother reduces and in many cases withdraws her leisure activities. 2. Economy, for the families and for mothers in particular, sport is a significant economic cost that may result in important efforts or simple withdrawals. 3. Time, the mother gives up his own time for the child´s sport. 4. Son, the mother refuses her own son for the sport; 5. Labor, the mother even refuses his own professional growth for the son’s sport, 6. Energy, the mother makes a physical effort to help her child on the road to the high level; 7. Psychological welfare, for the mother, the child’s sport is a source of uneasiness, fears, which affect her daily welfare; 8. Schedules, family life is completely changed and altered by the sport.

In general, it can be concluded that the mother helps her children in his pursuit of excellence and that such support is a big negative emotional investment, yield in different ways.

**REFERENCES**